



CONFIDENTIALITY

Form 6

VALUABLE INFORMATION

The following are valuable information you should know about the care CANA- Center for Africans Now in America provides to you.

Your Insurance Company and Your Personal Records:

- Please be aware that your insurance company will have access to all your medical records in order to reimburse our services.
- You must be diagnosed as having mental health disorder for insurance reimbursement purposes for our services.
- Be aware that most insurance companies will only reimburse, if a mental disorder is causing the problem.

Confidentiality

- In use of both medical and personal records, all your care providers are responsible for ensuring your confidentiality.
- You may approve or refuse the release of your medical record to anyone outside of CANA.
- This right does not apply to complaints or investigations and inspections by the Department of Health, a required release by third party payment contracts, or in case where records must be released by law.
- In any of these cases, (Acc.144.335.), copies of your health records will be made available to the request.
- Information can be released to others only upon written informed consent of the client.
- Legally, the client’s record is the property of CANA. However, clients may have access to information contained in the file.
- Access to information may be denied where the release of such information is harmful to the client’s well-being.
- In a few cases, certain confidential data may be available only to the therapists and particular government agencies, not to the client. (e.g.,- adoption, civil or criminal investigations, some medical data, reporters to abuse of children or vulnerable adults).

Exceptions to Privacy:

CANA Team will hold information strictly confidential, except under the following circumstances:

- If a client threatens to harm someone (including self), a staff person must, by law, take appropriate action to ensure safety.
- If a client engages in irresponsible sexual activity with a disclosure of HIV positive.
- If a client uses leisure drugs or alcohol irresponsibly while pregnant.
- A therapist is required by law to report concern to the proper authorities if a client is suspected to physically or sexually abusing a child or vulnerable adult.
- If a therapist considers sharing information to the best interest of the client who is a minor or a child under age 18.
- Requests from your insurance company Department of Health, or law enforcement officer
- During CANA professional monthly meetings- Supervision and Consultation Updates (SACU) with other mental health professionals within our clinic and sometimes outside our clinic. In those meetings, your treatment plan may be reviewed and updated.
- Mental health professionals seeing members of the same family or significant others may discuss your situation.

If you have questions or concerns about this document, please speak to your therapist.

Emergencies Conditions:

- In a case of mental health crisis during business hours, try to contact your therapist at the number they provided to you.
- Our agency provides emergency services after hours-Call 952-356-2953
- Provided below are a list of some phone numbers you may use for emergency situations if your therapist is not readily available:

Emergency Mental Health Mobile Response (come to you):

- Residents: Dakota County-	Crisis Response Unit	952-891-7171
- Residents: Ramsey County-	Children’s Crisis Response:	651-774-7000
- Residents: Washington County	HSI Crisis Clinic:	651-777-5222
- Residents: Hennepin County	Crisis Connection	612- 379-6363
	Suicide hotlines	1-877-968-8454
	APS Suicide hotline	612-873-2222
	Native Youth Crisis hotline	612-222-5836

Other 24-Hour Crisis Lines:

- United Way First Call for Help:	612-335-5000
- Abuse victims:	651-646-0094